

PE Curriculum Map

Reception

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Walking 1	Jumping 1	High, low, under, over	Hands 1	Hands 2	Games for understanding
				Nursery rhymes	Ourselves

Year 1

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Running 1	Jumping 1	Body parts	Feet 1	Hands 2	Games for understanding
Wide, narrow, curled	Hands 1	The Zoo	Growing	Rackets bats and balls	Team building

Year 2

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Dodging 1	Jumping 1	Pathways	Hands 1	Hands 2	Games for understanding
Linking	Water	Explorers	Feet 1	Rackets bats and balls	Team building

Reception PE End of Unit Criteria

Autumn 1	Walking 1	<ul style="list-style-type: none">• Develop the ability to walk and move into a space• Change direction• Develop life skills such as empathy• Move into a space and understand why• Develop their own self-belief
Autumn 2	Jumping 1	<ul style="list-style-type: none">• Jump and land safely• Explore their curiosity• Jump in different ways• Develop life skills such as fairness and empathy• Show and encourage others as they increase in confidence
Spring 1	High, Low, Under, Over	<ul style="list-style-type: none">• Pupils will move and balance in high and low ways• Experiment moving in different ways on the floor and apparatus• Develop life skills such as empathy• Show self-belief
Spring 2	Hands 1	<ul style="list-style-type: none">• Develop the ability to push, roll and bounce a ball with control• Move the ball into spaces• Develop concentration skills• Use imagination as they take part in games• Develop life skills and empathy• Develop courage

Summer 1	Hands 2	<ul style="list-style-type: none"> • Throw, roll and stop a ball with control • Explore catching and be ready to catch a ball • Develop concentration • Develop life skills such as fairness • Develop courage
Summer 1	Nursery Rhymes	<ul style="list-style-type: none"> • Move their bodies with big actions linked to nursery rhymes • Develop curiosity and imagination • Demonstrate life skills and empathy as others perform • Develop self-belief as they travel with control
Summer 2	Games for Understanding	<ul style="list-style-type: none"> • Move into spaces avoiding others • Move confidently • Develop fairness • Explore honesty
Summer 2	Ourselves	<ul style="list-style-type: none"> • Move their bodies with big actions linked to 'ourselves' • Develop curiosity and imagination • Demonstrate life skills such as empathy • Develop self-belief as they travel with confidence

Year 1 PE End of Unit Criteria

Autumn 1	Running 1	<ul style="list-style-type: none"> • Run and apply the correct technique to ensure maximum speed • Develop an understanding of where to run • Develop life skills (empathy, fairness, honesty, self-belief)
Autumn 1	Wide, Narrow, Curled	<ul style="list-style-type: none"> • Move and balance in wide, narrow and curled ways • On floor and apparatus • Experiment moving in different ways • Demonstrate life skills • Develop self-belief and courage
Autumn 2	Jumping 1	<ul style="list-style-type: none"> • Jump and skip with the correct technique • Understand when and why to jump in a game • Give and receive feedback for jumping technique • Play by the rules • Develop courage and honesty
Autumn 2	Hands 1	<ul style="list-style-type: none"> • Send a ball towards a target • Receive and stop a ball • Develop demonstrating concertation skills • Develop life skills • Strive to improve their own performance

Spring 1	The Zoo	<ul style="list-style-type: none"> • Move in relation to the music • Big and clear actions • Develop curiosity and imagination • Demonstrate fairness and empathy • Develop courage and self-belief
Spring 1	Body Parts	<ul style="list-style-type: none"> • Move and balance using big and small body parts • Experiment moving in a variety of ways • Demonstrate life skills • Develop courage
Spring 2	Feet 1	<ul style="list-style-type: none"> • Dribble the ball and keep control • Develop concentration skills as they focus on the target and the ball • Pupils develop fairness and empathy • Develop self-belief and honesty
Spring 2	Growing	<ul style="list-style-type: none"> • Move in relation to the music and respond with movements and actions • Develop curiosity • Develop fairness • Develop honesty

Summer 1	Hands 2	<ul style="list-style-type: none"> • Send a ball towards a target • Aim in order to score a point • Develop concentration skills • Develop fairness and empathy • Develop and apply life skills (honesty, self-belief)
Summer 1	Rackets Bats and Balls	<ul style="list-style-type: none"> • Hit their ball towards a target • Understand aiming and power • Develop life skills such as fairness and empathy • Work together • Develop integrity
Summer 2	Team Building	<ul style="list-style-type: none"> • Develop teamwork skills in pairs • Understand what makes an effective team • Develop empathy and fairness • Develop courage and belief
Summer 2	Games for Understanding	<ul style="list-style-type: none"> • Run and stay in a space • Change direction and speed • Apply tactics for attacking and defending • Collaborate as a team • Develop empathy and fairness • Develop honesty

Year 2 PE End of Unit Criteria

Autumn 1	Linking	<ul style="list-style-type: none">• Link movements and balances together• O floor and apparatus• Develop an understanding of the concept of flow• Demonstrate empathy and gratitude• Work safely• Develop courage as they create sequences
Autumn 1	Dodging 1	<ul style="list-style-type: none">• Dodge efficiently• Demonstrate an understanding of how and why and apply to game situations• Develop gratitude and fairness• Develop honesty and self-belief
Autumn 2	Water	<ul style="list-style-type: none">• Respond to music with appropriate movements and actions• Develop concentration skills• Fairness and gratitude developed• Develop courage and honesty
Autumn 2	Jumping 1	<ul style="list-style-type: none">• Apply the correct technique for jumping• Develop when, why and where in a game• Develop ability to give and receive feedback• Consistently apply life skills such as self-belief and honesty

Spring 1	Explorers	<ul style="list-style-type: none"> • Respond to music appropriately • Refine application of life skills • Demonstrate fairness and gratitude • Develop courage and honesty • Create a range of movements linked to a variety of characters
Spring 1	Pathways	<ul style="list-style-type: none"> • Link movements and balances • Demonstrate an understanding and the concept of flow • Develop empathy and gratitude • Demonstrate courage and self-belief
Spring 2	Feet 1	<ul style="list-style-type: none"> • Develop passing and dribbling skills • Keep position • Pupils will focus on their partner and develop an understanding of consequences in the game • Develop empathy when listening to others • Apply integrity to strive to improve
Spring 2	Hands 1	<ul style="list-style-type: none"> • Dribble and pass with accuracy • Focus on their partners • Develop empathy as they listen • Apply life skills such as integrity • Play fairly

Summer 1	Hands 2	<ul style="list-style-type: none"> • Throw underarm accurately • Focus on their partners • Develop communication • Work collaboratively • Play with integrity and self-belief
Summer 1	Rackets Bats and Balls	<ul style="list-style-type: none"> • Use a bat safely • Understand why it is important to hit into a space • Develop fairness and empathy • Show determination
Summer 2	Team Building	<ul style="list-style-type: none"> • Develop and apply teamwork in pairs • Develop what makes a strong team • Develop fairness and respect • Develop courage and self-belief
Summer 2	Games for understanding	<ul style="list-style-type: none"> • Move between attack and defence • See consequences of breaking rules • Develop collaboration skills • Competently understand honesty

