

Dear Parents and Carers,

HC3S – Your New Catering Provider from September 2018

HC3S are delighted to provide the catering services chosen for you by Mudeford Infant School. We provide quality catering to schools across Dorset, Wiltshire and Hampshire. To help you decide what option to choose for your child's school meal, we would like to tell you a little bit about the food we provide.

Many of the team at HC3S has school children, and as parents, we understand how important this decision is. You want to make sure that your child eats at lunchtime, what they have is nutritionally balanced and also that the option you select is value for money. We taste test our food with children and listen to what they tell us before finalising our menus.

Our ethos is about food to make your children flourish, by providing nutritious food, cooked fresh every day and which is responsibly sourced, giving your children a balanced diet with healthy food choices that aid concentration levels and give them energy to focus and to play.

All our meat is British, fish is from sustainable sources and as much food as possible, is locally sourced. We have a number of organic produce on the menu too such as yoghurt from family farm Yeo Valley.

Menus and special diets

Our lunches consists of a protein rich main course, vitamin-packed vegetables along with rice, pasta dishes or potatoes to give your child energy to keep them alert all afternoon. We offer a choice of homemade bread and fresh fruit with every meal to top up those growing bodies. Children can choose from a choice of meat/fish or vegetarian main meal each day plus a dessert. In addition, your child can also choose from a wide choice of unlimited salad from the salad bar.

Visit our web site for our easy guide on how to apply for a medically registered special diet if your child needs one. We specialise in special diets so you can be rest assured that your child will have a diet catered to meet their needs and you can have peace of mind.

Director of Culture, Communities & Business Services
Karen Murray

Theme Day events

Our theme days are really popular in our schools and a great way to encourage your children to try new food so look out for these throughout the year. From World Book Day to British Food Fortnight, they are fun and friendly and celebrate an enjoyment of flavours. They will be advertised in advance through the school or on our Facebook page.

We promote our meals through the characters Zac, whom you can see below. Zac's purpose is that throughout the year, Zac will help us promote our food and special theme days.



You can find our current menu, with our core theme day posters and fun facts on our Facebook page (@hc3seducation) and on our web site at www.hants.gov.uk/educationandlearning/hc3s

Eat and save

Don't forget to register for a Universal Infant Free School Meal as you could save over £1000 while they are at Mudeford Infant School. All children are entitled to receive free school meals so please take advantage of this and support your school.

Getting in touch

You may also meet us at parents' evenings, a food assembly or a cooking or healthy eating demonstration. We work with teachers to help provide healthy eating events and activities.

We'd like to introduce you to your catering team, led by an experienced District Manager, Wendy Wood and Operational Manager Rupert Bazeley-White. Your Head of Kitchen is Michelle Barnes from Somerford Community Primary School.

We value your feedback and would love you to post a review on our Facebook page. Alternatively, you can email us at hc3s.support@hants.gov.uk.

Please come along and meet us on **Friday 6 July at 2.30 pm** to find out more and enjoy some tasters from our menu.

Yours faithfully,

Carol Stebbing

Head of Service